

Oral Health Resource Bulletin



Volume 41 • October 2018

Prepared by

National Maternal and Child Oral Health Resource Center



Cite as

National Maternal and Child Oral Health Resource Center. 2018. *Oral Health Resource Bulletin: Volume 41*. Washington, DC: National Maternal and Child Oral Health Resource Center.

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This publication was made possible by cooperative agreement #U44MC30806 from the Health Resources and Services Administration (HRSA), an operating division of the U.S. Department of Health and Human Services (HHS). Its contents are the responsibility of solely the authors and do not necessarily represent the official view of HRSA or HHS.

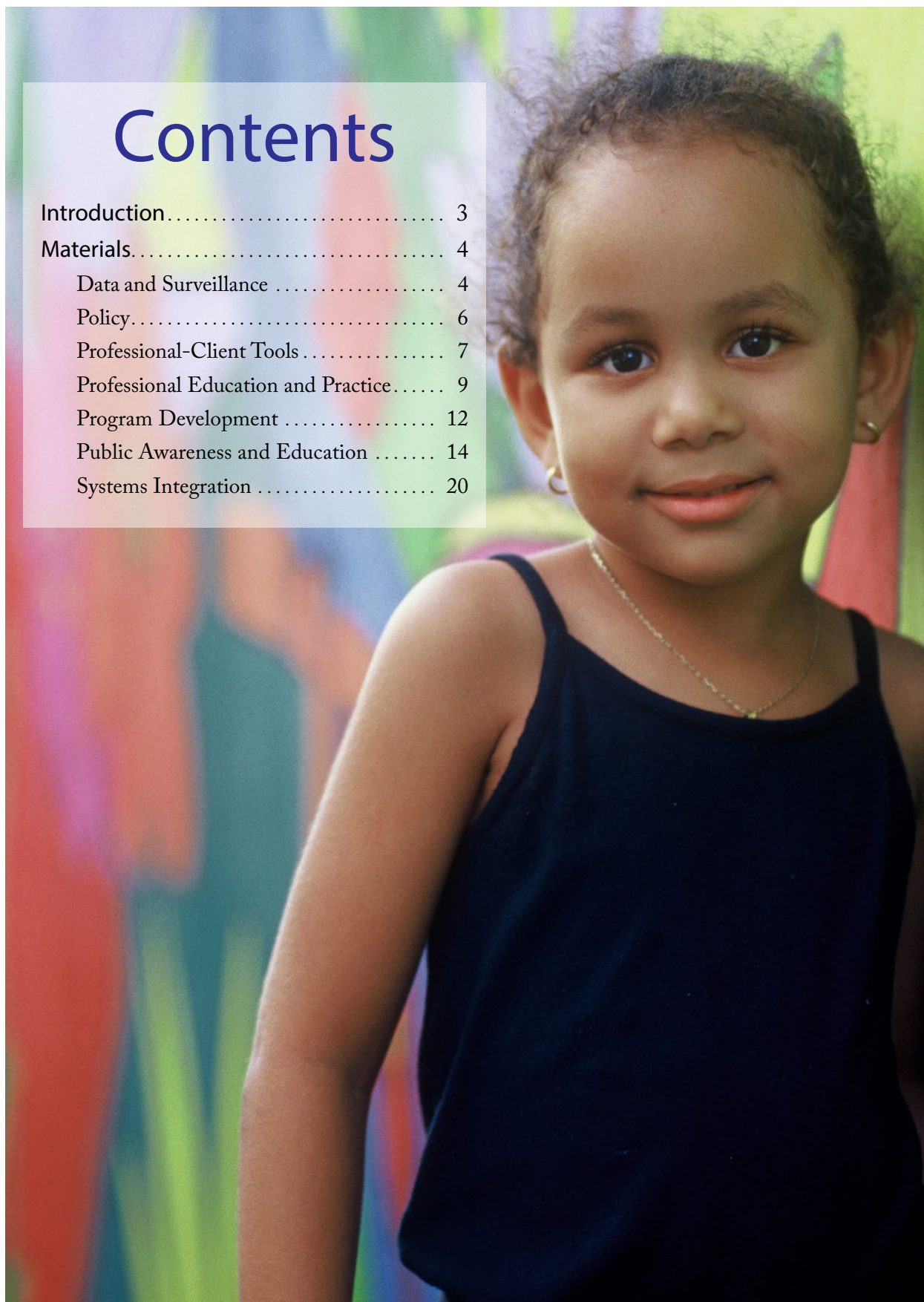
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Introduction



The *Oral Health Resource Bulletin* is a periodic publication designed to stimulate thinking and creativity within the maternal and child health community by providing information about selected materials of interest. Each successive volume is intended to supplement rather than replace previous volumes. The materials listed in the bulletin have been incorporated into the National Maternal and Child Oral Health Resource Center (OHRC) library.

OHRC is committed to continuing to provide effective mechanisms for sharing information about materials that enhance oral health programs and services. If you have materials that you feel would be

useful for program development, implementation, or evaluation, please become part of this process. Materials such as standards, guidelines, curricula, policies, and reports are especially welcome. If you have any materials that you think might be of interest, please send a copy to

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Materials

Data and Surveillance

2014–2015 SCHOOL HEALTH DENTAL SCREENING SURVEILLANCE REPORT

This report provides information from an oral health screening surveillance of students in grades 1, 4, 7, and 10 from 89 schools in Nebraska conducted in 2014–2015. The surveillance had two primary objectives: (1) measure participation of schools that were providing required oral health screenings and (2) assess oral health status among a convenience sample of Nebraska schoolchildren. The report discusses surveillance methods, limitations, and results. Characteristics of respondents are presented, and recommendations are included. [Funded by the Maternal and Child Health Bureau]

Nebraska Department of Health and Human Services, Maternal, Child, Adolescent Health. 2016. *2014–2015 School Health Dental Screening Surveillance Report*. Lincoln, NE: Nebraska Department of Health and Human Services, Maternal, Child, Adolescent Health. 13 pp. <http://dhhs.ne.gov/publichealth/MCAH/Documents/DentalHealthSurveillanceFinal.pdf>

DELAYED START TO DENTAL VISITS: PARENTS NEED PROVIDER PROMPT

This document provides information from the C. S. Mott Children's Hospital National Poll on Children's Health, which asked parents of children from birth to age 5 about their beliefs and experiences related to when to start dental visits. The document summarizes responses, provides report highlights, and presents information on the difference in parents' responses if their child's physician or a dentist suggested an age to start dental visits vs. if the physician or a dentist did not make such a suggestion. Implications of the findings are discussed.

C. S. Mott Children's Hospital, National Poll on Children's Health. 2018. *Delayed Start to Dental Visits: Parents Need Provider Prompt*. Ann Arbor, MI: C. S. Mott Children's Hospital, National Poll on Children's

Health. 2 pp. <https://mottpoll.org/reports/delayed-start-dentist-visits-parents-need-provider-prompt>

DENTAL HEALTH FACT SHEET: EMERGENCY DEPARTMENT UTILIZATION FOR DENTAL COMPLAINTS, 1994–2014 (UPD.)

This report provides information about emergency department (ED) use for dental complaints in Missouri. The report offers background information and examines trends in ED use according to demographic factors. Tables illustrate trends from 1994 to 2014 by age group and payment source. Information about differences in ED use between African Americans and whites and between males and females is also discussed.

Missouri Department of Health and Senior Services, Office of Dental Health. 2016. *Dental Health Fact Sheet: Emergency Department Utilization for Dental Complaints, 1994–2014* (upd.). Jefferson City, MO: Missouri Department of Health and Senior Services, Office of Dental Health. 2 pp. <https://health.mo.gov/living/families/oralhealth/pdf/EmergencyDepartmentUtilizationforDentalComplaints.pdf>

FAMILY MATTERS IN ORAL HEALTH

This report describes an analysis comparing oral health data for children and adolescents ages 1–14 in Colorado whose parents or other caregivers had a dental visit with those whose parents or caregivers did not have a dental visit. The report provides an overview of child oral health in the state. It also discusses findings of the analysis in the following categories: (1) effect of adult oral health care utilization on children's oral health and (2) geographic disparities. Steps toward improving children's oral health in Colorado are also presented.

Colorado Health Institute and Colorado Department of Public Health and Environment. 2018. *Family Matters in Oral Health*. Denver, CO: Colorado Health Institute. 5 pp. <https://www.coloradohealthinstitute.org/research/family-matters-oral-health>

IDENTIFYING PREGNANT WOMEN FOR TARGETED OUTREACH TO IMPROVE ORAL HEALTH

This report summarizes a study to determine the effectiveness of using administrative data from the HUSKY Program's medical administrative services organization to identify pregnant women for targeted oral health outreach. HUSKY is Connecticut's public health coverage program for eligible children, parents, relative caregivers, senior citizens, individuals with disabilities, adults without children, and pregnant women within the income guidelines. The report describes study methods and presents results. [Funded by the Maternal and Child Health Bureau]

Lee MA. 2016. *Identifying Pregnant Women for Targeted Outreach to Improve Oral Health*. Farmington, CT: Connecticut Dental Health Partnership. 11 pp. <http://www.mchoralhealth.org/pdfs/38345.pdf>

ORAL HEALTH DURING PREGNANCY

This infographic summarizes results of a survey focusing on oral health during pregnancy administered to oral health professionals in Maine in 2016. The infographic provides information about the percentage of respondents who agreed that women should receive preventive oral health care and that it is safe to have X-rays taken during pregnancy. The infographic also provides information on the percentage of respondents who use the prenatal visit to provide anticipatory guidance to pregnant women about oral health care and who believe there are restrictions to providing oral health treatment to pregnant women. [Funded by the Maternal and Child Health Bureau]

MaineHealth. 2017. *Oral Health During Pregnancy*. Portland, ME: MaineHealth. 1 p. <http://www.mchoralhealth.org/pdfs/38354.pdf>

ORAL HEALTH EDUCATIONAL RESOURCES FOR HOME VISITORS AND FAMILIES: ENVIRONMENTAL SCAN—2018 UPDATE

This environmental scan identifies oral health educational resources for home visitors and the families they serve. It also addresses gaps in existing resources and opportunities to promote oral health in home visiting programs. Methods of conducting the scan are described. A list of resources with a description of each is included.

Association of State and Territorial Dental Directors, Early Childhood Committee. 2018. *Oral Health Educational Resources for Home Visitors and Families: Environmental Scan—2018 Update*. Reno, NV: Association of State and Territorial Dental Directors. 19 pp. <http://www.astdd.org/docs/home-visiting-environmental-scan-2018.pdf>

ORAL HEALTH IN TEXAS: BRIDGING GAPS AND FILLING NEEDS

This report provides information on the burden of oral disease in Texas. The report includes a state-level overview of oral health organized around four topics: (1) where Texas stands on oral health and overall health, (2) factors contributing to the state's oral health burden, (3) Texans' access to oral health care, and (4) the capacity of the Texas oral health work force to meet demand. Each section describes available scientific evidence and provides a review of associated policy issues. The profiles display data on population and socioeconomic factors, oral health outcomes, risk factors for disease, clinical care, and Medicaid and Children's Health Insurance Program enrollment and expenditures.

Texas Health Institute. 2018. *Oral Health in Texas: Bridging Gaps and Filling Needs*. Austin, TX: Texas Health Institute. 190 pp. https://www.texashealthinstitute.org/uploads/1/3/5/3/13535548/thi_report_final.pdf

PREVALENCE OF TOTAL AND UNTREATED DENTAL CARIES AMONG YOUTH: UNITED STATES, 2015–2016

This data brief presents the prevalence of total and untreated caries in primary or permanent teeth among children and adolescents ages 2–19 for 2015–2016 and trends from 2011–2012 through 2015–2016. Along with key findings, the brief offers information on prevalence differences by race and Hispanic origin and income level for 2015–2016.

Fleming E, Afful J. 2018. *Prevalence of Total and Untreated Dental Caries Among Youth: United States, 2015–2016*. Hyattsville, MD: National Center for Health Statistics. 7 pp. <https://www.cdc.gov/nchs/data/databriefs/db307.pdf>

TOOTH BE TOLD: COLORADO'S BASIC SCREENING SURVEY—CHILDREN'S ORAL HEALTH SCREENING: 2016–17

This report presents data from a survey of students in kindergarten and third grade in Colorado that included an oral health screening conducted during the 2016–2017 school year. The report provides an introduction to the survey and a summary of main findings; a description of the methodology; and results categorized by caries experience, untreated decay, treatment urgency, and sealants. Trends in oral health outcomes and in oral health disparities by race/ethnicity and school-level socioeconomic status are presented.

Calanan R, Elzinga-Marshall G, Gry D, Payne E, Mauritsen K. 2018. *Tooth Be Told: Colorado's Basic Screening Survey—Children's Oral Health Screening: 2016–17*. Denver, CO: Colorado Department of Public Health and Environment. 33 pp. https://www.colorado.gov/pacific/sites/default/files/PW_OH_BSS_Report.pdf

Policy

ALIGNING DENTAL PAYMENT POLICIES AND PERIODICITY SCHEDULES IN THE MEDICAID AND CHIP PROGRAMS

This bulletin discusses the importance of state Medicaid programs and Children's Health Insurance Programs (CHIPs) properly implementing dental periodicity schedules to ensure children's access to dental coverage. Topics include background on tooth decay in children, dental coverage for children enrolled in Medicaid or CHIP, proper implementation of dental periodicity schedules, and state action to ensure dental periodicity and fee schedule alignment and flexibility.

Centers for Medicare & Medicaid Services. 2018. *Aligning Dental Payment Policies and Periodicity Schedules in the Medicaid and CHIP Programs*. Baltimore, MD: Centers for Medicare & Medicaid Services. 4 pp. <https://www.medicare.gov/federal-policy-guidance/downloads/cib050418.pdf>

DENTAL BENEFITS FOR PREGNANT WOMEN ENROLLED IN MEDICAID AND FAMIS MOMS

This fact sheet provides information about the costs and benefits of offering dental benefits for pregnant women in Virginia who are enrolled in Medicaid or FAMIS MOMS (health insurance program administered by the Virginia Department of Medical Assistance Services). The fact sheet explains why providing pregnant women with dental benefits can reduce the number of pre-term and low-birthweight infants, reduce visits to the emergency department for oral-health-related issues, and reduce the cost of oral health care for children. The cost of providing dental benefits to pregnant women in Virginia is also presented.

Virginia Oral Health Coalition. 2014. *Dental Benefits for Pregnant Women Enrolled in Medicaid and FAMIS MOMS*. Glen Allen, VA: Virginia Oral Health Coalition. 1 p. <http://www.vaoralhealth.org/Portals/0/PregWomenCompBenefits-June2014.pdf>

IMPROVING RURAL ORAL HEALTHCARE ACCESS

This policy brief focuses on improving access to oral health care for individuals living in rural areas. It discusses the connection between oral health and overall health and the oral health professional shortage. The need for interprofessional education is highlighted. The brief also identifies recommendations to consider for improving access to oral health care for this population.

Nelson J, Thatcher J, Williams J. 2018. *Improving Rural Oral Healthcare Access*. Kansas City, MO: National Rural Health Association. 8 pp. https://www.ruralhealthweb.org/NRHA/media/Emerge_NRHA/Advocacy/Policy%20documents/05-11-18-NRHA-Policy-Improving-Rural-Oral-Health-Access.pdf

MEDICAL-DENTAL INTEGRATION IN PUBLIC HEALTH SETTINGS: AN ENVIRONMENTAL SCAN

This report discusses the results of an environmental scan to identify, categorize, and describe examples of medical-dental integration in public health settings. Findings are intended to inform public health officials and other stakeholders about programs and policies that encourage coordination and integration.

Topics include integration in clinical settings, multimedia health campaigns, co-location of medical and oral health services, health work force innovations, integrated insurance benefits, and health care reform.

University of Iowa Public Policy Center. 2018. *Medical-Dental Integration in Public Health Settings: An Environmental Scan*. Iowa City, IA: University of Iowa Public Policy Center. 72 pp. http://ppc.uiowa.edu/sites/default/files/ced_environmental_scan.pdf

WHEN REGULATIONS BLOCK ACCESS TO ORAL HEALTH CARE, CHILDREN AT RISK SUFFER: THE SCHOOL DENTAL SEALANT PROGRAM DILEMMA

This brief describes state-based regulations or policies (e.g., related to dental practice acts, oral exams, employment requirements, procedures allowed under general supervision, Medicaid) that limit or prevent dental hygienists from applying dental sealants to children's teeth at school or that create a financial burden for school dental sealant programs. The brief also discusses responses from a questionnaire of state dental directors.

Pew Charitable Trusts. 2018. *When Regulations Block Access to Oral Health Care, Children at Risk Suffer: The School Dental Sealant Program Dilemma*. Philadelphia, PA: Pew Charitable Trusts. 12 pp. <http://www.pewtrusts.org/en/research-and-analysis/issue-briefs/2018/08/when-regulations-block-access-to-oral-health-care-children-at-risk-suffer#0-overview>

Professional-Client Tools

DENTAL CARE DURING INFANCY, EARLY CHILDHOOD, AND PREGNANCY

This handout provides information about services offered by Children's Dental Services (CDS), a program that provides full-spectrum preventive and restorative oral health care to families at Special Supplemental Nutrition Program for Women, Infants and Children (WIC) centers and 500 other locations across Minnesota. The handout also discusses why oral health care during infancy, early childhood, and pregnancy is important and the safety of receiving

oral health care during pregnancy. [Funded by the Maternal and Child Health Program]

Children's Dental Services. 2017. *Dental Care During Infancy, Early Childhood, and Pregnancy*. Minneapolis, MN: Children's Dental Services. 2 pp. <http://childrensdentalservices.org/wp-content/themes/blankslate/documents/WIC%20Brochure.pdf>

FACTS ABOUT FLUORIDE

This fact sheet explains what fluoride and fluoride varnish are and how fluoride varnish is applied. The fact sheet also offers information about reimbursement for fluoride varnish application by health professionals and oral health professionals. In addition, the fact sheet provides a brief summary of *Course 6: Caries Risk Assessment, Fluoride Varnish, and Counseling* of the national oral health curriculum *Smiles for Life*.

West Virginia Department of Health and Human Resources, Oral Health Program. 2017. *Facts About Fluoride*. Charleston, WV: West Virginia Department of Health and Human Resources, Oral Health Program. 2 pp. <http://www.movhd.com/wp-content/uploads/2010/08/What-Is-Fluoride-3-2017.pdf>

FAMILY-WELL-BEING: ORAL HEALTH TIP SHEET

This tip sheet for Head Start and child care staff provides tips on how to communicate with parents from various cultural backgrounds, especially parents who are refugees, about improving their child's oral health. The tip sheet discusses cultural considerations to keep in mind when talking to families and lists important points about oral health to mention.

National Center on Early Childhood Health and Wellness. 2018. *Family-Well-Being: Oral Health Tip Sheet*. Itasca, IL: National Center on Early Childhood Health and Wellness. 2 pp. <https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/ts-oral-health-eng.pdf>

FLUORIDE

This document for Head Start staff provides information about how fluoride can prevent tooth decay in children and pregnant women and how people receive fluoride. The document discusses the Head Start program policies and procedures related to fluoride and provides tips for working with families to help them

understand the importance of fluoride in preventing tooth decay and how to use fluoride appropriately. Fluoride facts, a graphic showing appropriate amounts of toothpaste to use for infants and children, and information that can be included in a Head Start program's family newsletter are included.

National Center on Early Childhood Health and Wellness. *Fluoride*. 2018. Itasca, IL: National Center on Early Childhood Health and Wellness. 7 pp. <https://eclkc.ohs.acf.hhs.gov/publication/fluoride>

LESSONS IN A LUNCH BOX

This lunch box provides families with information about oral health, healthy food choices, and other related topics. The lunch box is illustrated with drawings that promote good oral health and good nutrition and contains a "Dental Care in a Carrot" case made to include a toothbrush, toothpaste, dental floss, and a rinse cup. Ordering information; downloadable PDFs, including a description of the program, a 5-day lesson guide for teachers, and an outline of the lessons; a video about the program; and other supplemental materials are available on the website.

Children's Oral Health Institute. 2018. *Lessons in a Lunch Box*. Owings Mills, MD: Children's Oral Health Institute. <http://www.mycohi.org/lunchbox.html>

FLUORIDE VARNISH GUIDE

This document provides information about fluoride varnish for health professionals and parents and other caregivers. Topics include how fluoride varnish works, whether it is safe, how often it should be applied, and why it is recommended. A fluoride varnish application protocol is provided, and the advantages of fluoride varnish are discussed.

Tennessee Department of Health, Oral Health Services. 2016. *Fluoride Varnish Guide*. Nashville, TN: Tennessee Department of Health, Oral Health Services. 8 pp. <https://www.tn.gov/content/dam/tn/health/program-areas/Dental%20Fluoride%20Varnish%20Guide%202017.pdf>

ORAL HEALTH TOOLKIT

This toolkit for health professionals offers materials related to oral health during pregnancy. The toolkit includes posters, infographics, a video, and a brochure for pregnant women. Also included are state-specific resources for states in which Medicaid covers oral health care. The materials are available in English and Spanish.

American Academy of Pediatrics. 2018. *Oral Health Toolkit*. Itasca, IL: American Academy of Pediatrics. <https://www.aap.org/en-us/about-the-aap/aap-press-room/campaigns/tiny-teeth/Pages/default.aspx>

PRESCRIPTION REFERRAL FORM FROM OB/GYN PROVIDERS TO DENTISTS

This form is designed for prenatal care health professionals to fill out for pregnant women in their care, who in turn can give the completed form to their oral health professional. The form allows prenatal care health professionals to indicate what type of oral health care and which medications are safe for the woman and also to indicate any allergies or special precautions that the oral health professional should be aware of. [Funded by the Maternal and Child Health Bureau]

Connecticut Dental Health Partnership. 2014. *Prescription Referral Form from Ob/Gyn Providers to Dentists*. Farmington, CT: Connecticut Dental Health Partnership. 1 p. <http://www.mchoralhealth.org/pdfs/38343.pdf>

RX: BRING THIS WITH YOU TO YOUR NEXT APPOINTMENT

This referral form for health professionals to fill out provides information that pregnant women can bring to their next dental appointment. The form includes blanks to fill in the woman's name, date of birth, estimated delivery date, and known allergies and boxes to check indicating what types of oral health care are acceptable for the woman to receive and whether there are any precautions to note. Also included are boxes to check indicating pain medications and antibiotics that are safe for the woman. [Funded by the Maternal and Child Health Bureau]

MaineHealth. 2017. *Rx: Bring This with You to Your Next Appointment*. Portland, ME: MaineHealth. 1 p. <http://www.mchoralhealth.org/pdfs/38357.pdf>

STATE OF RHODE ISLAND SCHOOL DENTAL SCREENING FORM

This form for school oral health programs includes information to share with parents about their child's oral health screening. The form includes space for program staff to insert the child's school, name, grade, and classroom and whether the child has no obvious oral health problems, problems that should be evaluated by a dentist, or needs for immediate care by a dentist. Space for notes as well as the screener's name and screening date is included.

Rhode Island Department of Health. 2016. *State of Rhode Island School Dental Screening Form*. Providence, RI: Rhode Island Department of Health. 1 p. <http://health.ri.gov/forms/screening/SchoolDental.pdf>

Professional Education and Practice

BEST PRACTICE APPROACHES FOR STATE AND COMMUNITY ORAL HEALTH PROGRAMS

This report focuses on best practices for the use of fluoride in schools. It discusses fluoride as a measure to prevent tooth decay in children, different types of programs that provide fluoride to children, and different forms of fluoride. Evidence for the efficacy of fluoride in preventing tooth decay and best practice criteria are provided. The report also includes state practice examples.

Association of State and Territorial Dental Directors. 2018. *Best Practice Approaches for State and Community Oral Health Programs*. Reno, NV: Association of State and Territorial Dental Directors. 24 pp. <https://www.astdd.org/docs/final-approved-fluoride-in-schools-bpar-july-2018.pdf>

CANCER PREVENTION THROUGH HPV VACCINATION: AN ACTION GUIDE FOR DENTAL HEALTH CARE PROVIDERS

This guide provides information about how oral health professionals can help prevent cancer by referring patients for the human papillomavirus (HPV)

vaccination. The guide describes the problem and a solution. It also outlines steps for oral health professionals for preventing cancer, referring patients, collaborating with others, and creating a pro-immunization environment.

National HPV Vaccination Roundtable. 2018. *Cancer Prevention Through HPV Vaccination: An Action Guide for Dental Health Care Providers*. Atlanta, GA: National HPV Vaccination Roundtable. 8 pp. <http://hpvroundtable.org/wp-content/uploads/2018/04/DENTAL-Action-Guide-WEB.pdf>

CONFRONTING THE CONSENT CONUNDRUM: LESSONS FROM A SCHOOL ORAL HEALTH COMMUNITY

This document presents ideas that emerged from the School-Based Health Alliance initiative, Strengthening School Oral Health Services and Growing the School Oral Health Learning Community, and that resulted in an increase in the number of positive parental consents for school oral health services. The initiative encompassed the 10 largest U.S. school districts, which serve more than 4 million students, including a significant number of students with high needs. The document discusses school engagement, family engagement, community engagement, oral health education, and data collection and use.

School-Based Health Alliance and Oral Health 2020 Network. 2018. *Confronting the Consent Conundrum: Lessons from a School Oral Health Community*. Washington, DC: School-Based Health Alliance; Oral Health 2020 Network. 6 pp. http://www.sbh4all.org/wp-content/uploads/2018/04/DQF_WP_ConsentConundrum_F.pdf

DENTAL SEALANT PROGRAMS: COST-EFFECTIVE CAVITY PREVENTION

This report provides information about the oral health status of children in Minnesota and about dental sealant programs in the state. It discusses oral health disparities among children and the cost-effectiveness of dental sealant programs for preventing tooth decay. It offers statistical data on dental sealant use and explains what the state can do to decrease the prevalence of tooth decay in children.

Minnesota Department of Health, Oral Health Program. 2017. *Dental Sealant Programs: Cost-Effective Cavity Prevention*. St. Paul, MN: Minnesota

Department of Health, Oral Health Program. 3 pp. <http://www.health.state.mn.us/divs/healthimprovement/content/documents-oralhealth/03062017SealantFactSheet.pdf>

DENTAL TRAUMA DECISION TREE

This tool is designed to aid school nurses, teachers, and athletic coaches in treating minor dental emergencies. It provides information about what to do in case of injury to a primary or permanent tooth, with different instructions depending on the nature of the injury. General information about what to do in a dental emergency is included.

Rhode Island Department of Health, Oral Health Program. 2018. *Dental Trauma Decision Tree*. Providence, RI: Rhode Island Department of Health, Oral Health Program. 1 p. <http://health.ri.gov/publications/guides/DentalTraumaDecisionTree.pdf>

HEALTHY TEXAS SMILES TEASER

This video provides information about the Healthy Texas Smiles for Moms and Babies project. The project trains home visitors on how to help pregnant women understand the importance of taking care of their oral health. The project also trains home visitors on how to teach mothers to take care of their infant's mouth after birth. The video shows home visitors in various settings interacting with pregnant women and their families and providing them with oral health education in their homes. [Funded by the Maternal and Child Health Bureau]

Texas Department of State Health Services. 2018. *Healthy Texas Smiles Teaser*. Austin, TX: Texas Department of State Health Services. 1 video (1.27 min.). <https://vimeo.com/album/5132252/video/266367242>

THE IMPORTANCE OF ORAL HEALTH CARE DURING PREGNANCY

This document for health professionals provides information about the importance and safety of oral health during pregnancy and survey results from the Pregnancy Risk Assessment Monitoring System in Maine. Statistics are provided for the percentage of women who did not receive education about oral hygiene while pregnant and who did not have their teeth cleaned while pregnant. Also included is information about ways that Before the First Tooth,

Maine's perinatal infant and oral health quality-improvement initiative, can help practices adopt best practice approaches to integrating oral health into prenatal care. [Funded by the Maternal and Child Health Bureau]

MaineHealth. 2017. *The Importance of Oral Health Care During Pregnancy*. Portland, ME: MaineHealth. 1 p. <http://www.mchoralhealth.org/pdfs/38358.pdf>

INFECTION PREVENTION CHECKLIST FOR DENTAL SETTINGS: BASIC EXPECTATIONS FOR SAFE CARE

This checklist is a companion to *Summary of Infection Prevention Practices in Dental Settings: Basic Expectations for Safe Care*. The checklist is divided into two categories: (1) policies and practices and (2) direct observation of personnel and patient-care practices. Each category is broken into subcategories, and each subcategory includes checkboxes to indicate whether an assessment has been done and space to record notes and areas for improvement.

Centers for Disease Control and Prevention, Division of Oral Health. 2016. *Infection Prevention Checklist for Dental Settings: Basic Expectations for Safe Care*. Atlanta, GA: Centers for Disease Control and Prevention, Division of Oral Health. 19 pp. <https://www.cdc.gov/oralhealth/infectioncontrol/pdf/safe-care-checklist.pdf>

OPIOID PRESCRIBING BY DENTISTS

This infographic provides information about trends in the percentages of opioids prescribed by dentists to individuals with private dental insurance between 2010 and 2015. Total percentages are provided, as well as percentages by age group. Information about days' supply and quantities of pills prescribed by dentists to individuals with private insurance for 2010–2015 is also presented.

American Dental Association Health Policy Institute. 2018. *Opioid Prescribing by Dentists*. Chicago, IL: American Dental Association Health Policy Institute. 1 p. [https://www.ada.org/~media/ADA/Advocacy/Files/Opioids%202018_ADA%20HPI_Opioids%20Prescribing%20by%20Dentists.pdf?la=en&hash=45593A1977E25B6F484761E746F443A26FC27F6D](https://www.ada.org/~/media/ADA/Advocacy/Files/Opioids%202018_ADA%20HPI_Opioids%20Prescribing%20by%20Dentists.pdf?la=en&hash=45593A1977E25B6F484761E746F443A26FC27F6D)

OPIOID PRESCRIBING GUIDELINES FOR DENTISTS

This document for dentists provides guidelines on prescribing opioids. Appropriate dosages, types of medication to prescribe, prescribing refills, using guidelines for pain management, and ensuring that patients know how to secure medication and dispose of leftover medication are discussed. Alternatives to prescribing opioids are presented. Information is included on how to obtain the document in large print, Braille, non-English languages, or other formats.

Oregon Health Authority, Oral Health Unit. 2017. *Opioid Prescribing Guidelines for Dentists*. Portland, OR: Oregon Health Authority, Oral Health Unit. 1 p. <http://www.oregon.gov/oha/ph/PreventionWellness/SubstanceUse/Opioids/Documents/oregon-recommended-opioid-guidelines-dentists.pdf>

OREGON PREGNANCY AND OPIOIDS WORKGROUP RECOMMENDATIONS

This document provides recommendations for the management of opioid use for pregnant women, including pregnant women with opioid-use disorder, and for care of the opioid-exposed newborn. Topics include clinical recommendations, health-systems and policy recommendations, definitions, and resources and collaborative approaches.

Oregon Pregnancy and Opioids Workgroup. 2108. *Oregon Pregnancy and Opioids Workgroup Recommendations*. Salem, OR: Oregon Health Authority, Public Health Division. 27 pp. <https://www.oregon.gov/oha/PH/PREVENTIONWELLNESS/SUBSTANCEUSE/OPIOIDS/Documents/Oregon-Pregnancy-and-Opioids-Recommendations.pdf>

PERINATAL ORAL HEALTH ASSESSMENT

This document provides information for health professionals about how to administer a perinatal oral health assessment for pregnant women during the initial appointment. Topics include advising pregnant women about oral health care, oral health questions to ask pregnant women, and insurance status. The document also defines “dental caries” and “dental abscess” and provides signs to look for to determine whether pregnant women may have either or both. Photographs illustrating how to conduct a visual examination are included. [Funded by the Maternal and Child Health Bureau]

MaineHealth. 2017. *Perinatal Oral Health Assessment*. Portland, ME: MaineHealth. 2 pp. <http://www.mch.oralhealth.org/pdfs/38355.pdf>

PUBLIC HEALTH DENTAL HYGIENIST

This fact sheet provides information about public health dental hygienists in Massachusetts. It discusses the public health issue that resulted in the creation of this new category of oral health professional, explains what public health dental hygienists are and where they may work, and lists what is required of them. The fact sheet also describes the written information sheet that they give patients at the conclusion of a visit and discusses public health dental hygienists’ responsibilities related to referrals and reporting.

Massachusetts Department of Public Health, Office of Oral Health. 2016. *Public Health Dental Hygienist*. Boston, MA: Massachusetts Department of Public Health, Office of Oral Health. 2 pp. <https://www.mass.gov/files/documents/2016/07/vk/phdh-fact-sheet.pdf>

REFRAMING ORAL HEALTH: A COMMUNICATIONS TOOLKIT FOR ADVANCING ORAL HEALTH REFORM

This toolkit provides strategic framing recommendations and communications tools to equip health advocates to communicate more effectively with the public. The toolkit is divided into three sections. The first section includes framing recommendations, the research behind them, and tips for applying them in practice. The second section provides a suite of messaging resources, including an integrated mix of frame elements such as values, metaphors, explanations, and solutions statements; annotated examples of applied framing; and communications materials. The third section explains how cultural models affect communication. An introductory video is included.

FrameWorks Institute. 2018. *Reframing Oral Health: A Communications Toolkit for Advancing Oral Health Reform*. Washington, DC: FrameWorks Institute. <http://frameworksinstitute.org/toolkits/dentaquest>

STEPS FOR TOOTHBRUSHING AT THE TABLE: GROWING HEALTHY SMILES IN EARLY CARE AND EDUCATION PROGRAMS

This video provides Head Start and child care staff with information about how children can brush their teeth as a group at the table. The video shows a Head Start teacher modeling brushing at the table, while the children also brush with her guidance. Instructions for how to prepare the area, clean up after brushing, and safely store toothbrushes are included. The video also shows a dentist explaining how toothbrushing with fluoride toothpaste can help prevent tooth decay.

National Center on Early Childhood Health and Wellness. 2018. *Steps for Toothbrushing at the Table: Growing Healthy Smiles in Early Care and Education Programs*. Itasca, IL: National Center on Early Childhood Health and Wellness. 1 video (5 min., 50 sec.) <https://eclkc.ohs.acf.hhs.gov/video/steps-tooth-brushing-table-growing-healthy-smiles-early-care-education-programs>

Program Development

ADOLESCENT ORAL HEALTH CAMPAIGN FINAL REPORT: 2016–2017 SCHOOL YEAR

This final report provides information about activities of the Adolescent Oral Health Campaign during academic year 2016–2017. The purpose of the campaign was to educate students in middle school and high school in Utah, especially along the Wasatch Front, about oral health care, with the goal of increasing positive oral health behaviors and increasing use of oral health services. The report describes campaign goals and objectives, discusses methods, and presents results.

Neufeld L, Gero A. 2017. *Adolescent Oral Health Campaign Final Report: 2016–2017 School Year*. Salt Lake City, UT: Utah Department of Health, Oral Health Program. 9 pp. <http://health.utah.gov/oral-health/resources/reports/2016-2017-Adolescent%20Oral%20Health.pdf>

CALIFORNIA ORAL HEALTH PLAN 2018–2028

This plan provides background about oral health and oral disease in California, the need for action, the state's commitment to improving oral health, and the process of developing the plan. It discusses strategic frameworks and public health concepts that shaped the plan; state and local oral health programs and services; next steps; and goals, objectives, and strategies. A conceptual model of the plan process is included.

California Department of Public Health, Oral Health Program. 2018. *California Oral Health Plan 2018–2028*. Sacramento, CA: California Department of Public Health, Oral Health Program. 42 pp. <https://www.cdph.ca.gov/Documents/California%20Oral%20Health%20Plan%202018%20FINAL%20%205%202018.pdf>

DENTAL CARE FOR PREGNANT WOMEN IN HUSKY A

This report describes a study that estimated the impact of the Perinatal and Infant Oral Health Quality Improvement Project on oral health services utilization by pregnant women in Connecticut's HUSKY Program, the state's health care coverage program that provides low-cost or free comprehensive coverage for families or single adults with low incomes. The report provides background about Medicaid eligibility, the Medicaid dental benefit, managed care, and perinatal outreach in Connecticut. The report also discusses study methods, data, and the analytic approach and presents results. [Funded by the Maternal and Child Health Bureau]

Connecticut Dental Health Partnership. 2017. *Dental Care for Pregnant Women in HUSKY A*. Farmington, CT: Connecticut Dental Health Partnership. 11 pp. <http://www.mchoralhealth.org/pdfs/38344.pdf>

ENVIRONMENTAL ASSESSMENT GUIDELINES

These guidelines provide information about an environmental assessment tool that school-based dental sealant programs or those wishing to launch a school-based dental sealant program can use to help determine whether the environment is conducive to operating such a program. The guidelines explain what the tool is, who it is for, how it can be used, why it should be used, and how often it should be used.

Maryland Department of Health and Mental Hygiene, Office of Oral Health. N.d. *Environmental Assessment Guidelines*. Baltimore, MD: Maryland Department of Health and Mental Hygiene, Office of Oral Health. 1 p. <https://phpa.health.maryland.gov/oralhealth/Documents/DentalSealantEnvironmentalAssessmentGuidelines.pdf>

ORAL HEALTH: PREVENTING DENTAL CARIES, SCHOOL-BASED DENTAL SEALANT DELIVERY PROGRAMS

This report presents the Community Preventive Services Task Force recommendation for the use of school-based dental sealant programs and the rationale for that recommendation. The report explains what dental sealants are, how they are applied, and what school-based dental sealant programs do. Also addressed are the basis for the recommendation, applicability and generalizability issues, data-quality issues, other benefits and harms, economic evidence, and evidence gaps. Summary evidence tables on the effectiveness of dental sealants and the effectiveness of school-based dental sealant programs are included.

Community Preventive Services Task Force. 2016. *Oral Health: Preventing Dental Caries, School-Based Dental Sealant Delivery Programs*. Atlanta, GA: Community Preventive Services Task Force. 6 pp. https://www.thecommunityguide.org/sites/default/files/assets/Oral-Health-Caries-School-based-Sealants_0.pdf

ORAL HEALTH INNOVATION: OPPORTUNITY AND RISK, MEDICAID WAIVERS AND THE KEYS TO GOOD ORAL HEALTH

This policy brief discusses approaches to oral health innovation. It highlights Medicaid 1115 waivers, which may be used to provide coverage for services or to populations not typically covered under Medicaid, as one option that states can use to find new ways to provide oral health care. The brief also provides information about the potential for certain waivers to lock doors to access and offers an overview of other ideas for oral health innovation.

Community Catalyst. 2018. *Oral Health Innovation: Opportunity and Risk, Medicaid Waivers and the Keys to Good Oral Health*. Boston, MA: Community Catalyst. 5 pp. https://www.communitycatalyst.org/resources/publications/document/OH-innovation-and-1115-waivers_FINAL.pdf

ORAL HEALTH QUALITY IMPROVEMENT FOR THE MATERNAL AND CHILD HEALTH POPULATION: IDENTIFYING A SET OF QUALITY INDICATORS

This report identifies a preliminary set of oral health quality indicators that can be used to monitor services for the maternal and child health (MCH) population delivered in public health programs and systems of care. Topics include identifying a framework for oral health quality performance measurement and improvement, identifying existing indicators applicable to the MCH population, a recommended set of indicators for near-term implementation, limitations of the initial set of quality indicators, and next steps.

Center for Oral Health Systems Integration and Improvement Quality Indicator Advisory Team, National Maternal and Child Oral Health Resource Center, Dental Quality Alliance. 2018. *Oral Health Quality Improvement for the Maternal and Child Health Population: Identifying a Set of Quality Indicators*. Washington, DC: National Maternal and Child Oral Health Resource Center, and Chicago, IL: Dental Quality Alliance. 51 pp. https://www.mch.oralhealth.org/PDFs/COHSII_QualityIndicatorsReport.pdf

RURAL ORAL HEALTH TOOLKIT

This toolkit provides information about how to implement and sustain an oral health program in a rural community. The toolkit is composed of seven modules: (1) introduction, (2) program models, (3) implementation, (4) planning for sustainability, (5) evaluating rural oral health programs, (6) disseminating oral health program results, and (7) examples of existing oral health programs in rural communities. Resources for use in developing a program are included.

NORC Walsh Center for Rural Health Analysis and University of Minnesota, Rural Health Research Center. 2013, 2017. *Rural Oral Health Toolkit*. Bethesda, MD: NORC Walsh Center for Rural Health Analysis; Minneapolis, MN: University of Minnesota, Rural Health Research Center. 7 modules. <https://www.ruralhealthinfo.org/toolkits/oral-health>

SACRAMENTO SMILES: EVALUATION OF THE EARLY SMILES SACRAMENTO PROGRAM

This report presents findings of a 1-year evaluation of the Center for Oral Health's Early Smiles Sacramento program, a community-based effort that provides oral health care to children from families with low incomes in Sacramento County, CA. Findings are based on program data collected during the period September 2016 to October 2017. The report provides background about oral health in Sacramento County and a description of the program and its objectives, reach, and impact. The program's plans for future work are also discussed.

Center for Oral Health. 2018. *Sacramento Smiles: Evaluation of the Early Smiles Sacramento Program*. Pomona, CA: Center for Oral Health. 16 pp. <https://centerfororalhealth.org/wp-content/uploads/2018/02/2018-COH-Early-Smiles-Evaluation-Report-email.pdf>

SCHOOL-BASED SEALANT PROGRAMS: AN INNOVATIVE APPROACH TO IMPROVE CHILDREN'S ORAL HEALTH

This brief explores the impact of dental caries on children's overall health and academic success and how North Carolina can take steps to improve children's oral health through the use of school-based sealant programs (SBSPs). Topics include the impact of dental caries on children's health and well-being, evidence-based solutions, SBSPs, the impact of SBSPs on children's oral health outcomes, and North Carolina considerations. Recommendations for ways that North Carolina can improve children's oral health and academic outcomes are included.

Vidrine S, Hamrick A. 2018. *School-Based Sealant Programs: An Innovative Approach to Improve Children's Oral Health*. Raleigh, NC: NC Child. 10 pp. <http://www.ncchild.org/wp-content/uploads/2018/03/FINAL-Oral-Health-Report.pdf>

Public Awareness and Education

BABY TEETH CARE: BIRTH TO 2 YEARS OF AGE

This tip sheet for parents and other caregivers provides information about how to care for primary teeth in infants and young children from birth through age 2. The tip sheet, which is written in simple language, discusses why primary teeth are important, what causes decay in primary teeth, how to clean an infant's or young child's primary teeth, and when to wean an infant from a bottle. Other topics addressed are how to keep primary teeth healthy and what to avoid. The tip sheet is available in English and Spanish.

Virginia Department of Health. 2017. *Baby Teeth Care: Birth to 2 Years of Age*. Richmond, VA: Virginia Department of Health. 1 p. http://www.vdh.virginia.gov/content/uploads/sites/30/2016/07/VA_Smiles-forChildren_OHM_Smoking-and-Pregnancy_EN-SP-288.1729.pdf

BEFORE, DURING & AFTER PREGNANCY ORAL HEALTH

This brochure for pregnant women provides information about how to take care of their mouths before and during pregnancy and their infant's mouths after the birth. Topics include brushing, flossing, and visiting the dentist; eating healthy foods; and nausea and vomiting. Also discussed are how to clean infants' gums or teeth and how often, what to give infants to drink, how to avoid passing germs from a mother's to an infant's mouth, and getting dental checkups for infants. The brochure is written in English and Spanish.

South Carolina Department of Health and Environmental Control, Division of Oral Health. 2017. *Before, During & After Pregnancy Oral Health*. Columbia, SC: South Carolina Department of Health and Environmental Control, Division of Oral Health. 2 pp. <https://scdhec.gov/sites/default/files/Library/CR-009602.pdf>

BENEFITS OF DRINKING FLUORIDATED TAP WATER

This fact sheet provides information about the importance of drinking fluoridated tap water. It discusses why it is important to drink water, whether tap water is safe to drink, and whether drinking tap water is better than drinking bottled water. It also explains what fluoridated water is and the benefits of drinking fluoridated tap water. Guidelines for fluoride intake are provided, and the quality of tap water in Massachusetts is discussed.

Massachusetts Department of Public Health, Office of Oral Health. 2016. *Benefits of Drinking Fluoridated Tap Water*. Boston, MA: Massachusetts Department of Public Health, Office of Oral Health. 1 p. <https://www.mass.gov/files/documents/2016/07/qw/drinking-tap-water-dental-health.pdf>

BRUSHING BASICS ACTIVITY BOOK FOR HEALTHY TEETH AND GUMS

This activity book provides information about keeping children's teeth healthy. It includes information about brushing, flossing, avoiding sugary foods and drinks, eating fruits and vegetables daily, and visiting the dentist. Activities for children, such as coloring pages, dot-to-dots, and a song, are also included.

Missouri Department of Health and Senior Services, Office of Primary Care and Rural Health. N.d. *Brushing Basics Activity Book for Healthy Teeth and Gums*. Jefferson City, MO: Missouri Department of Health and Senior Services, Office of Primary Care and Rural Health. 8 pp. <https://health.mo.gov/living/families/oralhealth/pdf/Book85.pdf>

BRUSHING YOUR CHILD'S TEETH: CHILDREN SIX MONTHS AND OLDER

This tip sheet for parents and other caregivers provides information about how to care for primary teeth in infants and children ages 6 months and older. The tip sheet discusses when to start brushing a child's teeth, how to teach a child to brush his or her teeth, the proper way to brush a child's teeth, how many times a day to brush a child's teeth, and how often a child's toothbrush should be replaced. The tip sheet is written in simple language and is available in English and Spanish.

Virginia Department of Health. 2017. *Brushing Your Child's Teeth: Children Six Months and Older*. Richmond, VA: Virginia Department of Health. 1 p. <http://www.vdh.virginia.gov/content/uploads/sites/30/2016/08/Brushingchildsteeth.pdf>

DENTAL CARE DURING PREGNANCY

This brochure provides information about how pregnant women can care for their own and their infant's mouths and teeth during pregnancy and after birth. The brochure explains why it is safe and important to get oral health care during pregnancy and offers tips on how to care for an infant's first teeth. The brochure is written in simple language. [Funded by the Maternal and Child Health Bureau]

MaineHealth. 2017. *Dental Care During Pregnancy*. Portland, ME: MaineHealth. 2 pp. http://www.fromthefirsttooth.org/wp-content/uploads/2017/09/BT_FT_Bifold_Final.pdf

DENTAL OFFICE SATISFACTION QUESTIONNAIRE

This questionnaire is a tool for parents to provide information to Head Start program staff about their child's dental visit and any problems they experienced. The questionnaire includes questions about the dental office team; problems getting ready for the appointment, during the appointment, or after the appointment; and other problems related to getting oral health care for their child.

National Center on Early Childhood Health and Wellness. 2018. *Dental Office Satisfaction Questionnaire*. Itasca, IL: National Center on Early Childhood Health and Wellness. 2 pp. <https://www.mch.oralhealth.org/PDFs/ncechw-satisfaction-questionnaire.pdf>

FLUORIDE IN DRINKING WATER WELLS

This tip sheet for consumers provides information about fluoride, the benefits of drinking water with fluoride, and the problems that can be caused by having too little or too much fluoride in water. The tip sheet also provides a definition of well water and explains how fluoride gets into well water. In addition, it offers instructions on how to determine how much fluoride is in well water, provides a list of state-certified labs in Rhode Island that can test water, and explains what to do if well water has too much fluoride.

University of Rhode Island Water Quality Program and Rhode Island Department of Health. 2013. *Fluoride in Drinking Water Wells*. Providence, RI: University of Rhode Island Water Quality Program and Rhode Island Department of Health. 2 pp. <https://web.uri.edu/safewater/files/TipSheetC06-Fluoride.pdf>

FLUORIDE VARNISH: FOR CHILDREN AGE SIX MONTHS AND OLDER

This brochure for parents and other caregivers provides information about fluoride varnish for children ages 6 months and older. The brochure discusses what fluoride varnish is and what it does, whether it is safe, how it is applied, and how long its effects last. A photograph showing fluoride being applied to an infant's teeth is included. The brochure is written in simple language and is available in English and in Spanish.

Virginia Department of Health. 2017. *Fluoride Varnish: For Children Age Six Months and Older*. Richmond, VA: Virginia Department of Health. 1 p. <http://www.vdh.virginia.gov/content/uploads/sites/30/2016/08/Fluoridevarnish.pdf>

FLUOROSIS FACTS: A RESOURCE FOR PARENTS AND CAREGIVERS

This document for parents and other caregivers provides information about fluorosis. The document explains what fluorosis is, what causes it, and how to tell if a child has it. Also discussed is how much fluoride children need to protect their teeth and what parents and other caregivers can do to protect children's teeth without causing fluorosis.

American Academy of Pediatrics, Campaign for Dental Health and National Network for Oral Health Access. 2014. *Fluorosis Facts: A Resource for Parents and Caregivers*. Elk Grove Village, IL: American Academy of Pediatrics, Campaign for Dental Health. 2 pp. <https://ilikemyteeth.org/wp-content/uploads/2014/10/FluorosisFactsForFamilies.pdf>

GETTING TO KNOW ME

This form for parents of young children to bring to their child's dental appointment includes space to provide information about the child that will help the dental office understand and meet the child's needs. The form asks what makes the child feel good, what are the child's favorite foods and drinks, what the

child likes to get when he or she behaves well, and what is the best way to help a child who is feeling shy, scared, or unsure. The form is available in English and Spanish.

National Center on Early Childhood Health and Wellness. 2018. *Getting to Know Me*. Itasca, IL: National Center on Early Childhood Health and Wellness. 2 pp. <https://www.mchoralhealth.org/PDFs/ncechw-getting-to-know-me.pdf>

A HEALTHY MOUTH FOR PEOPLE WITH SPECIAL HEALTH CARE NEEDS

This brochure provides information about how to keep the mouths of people with special health care needs (SHCN) healthy. The brochure explains why people with SHCN are more likely than those without SHCN to have oral health problems. The brochure offers tips for keeping a healthy mouth, planning dental visits, and finding a dentist that will treat people with SHCN. The brochure is written in simple language.

Virginia Department of Health. 2018. *A Healthy Mouth for People with Special Health Care Needs*. Richmond, VA: Virginia Department of Health. 1 p. <http://www.vdh.virginia.gov/content/uploads/sites/30/2018/01/HealthyMouthforSpecial-Needs-FlyerENG1-18.pdf>

HEALTHY TEETH HEALTHY SMILES AND THE ROLE FLUORIDE PLAYS

This brochure provides information about the role that fluoride plays in keeping teeth healthy. It offers information about tooth decay and how to prevent it, explains what fluoride and community fluoridated water (CFW) are, and discusses how drinking CFW can help prevent tooth decay. The brochure also presents tips for keeping the mouth healthy and discusses the importance of good oral health for overall health.

Missouri Department of Health and Senior Services, Office of Primary Care and Rural Health. N.d. *Healthy Teeth Healthy Smiles and the Role Fluoride Plays*. Jefferson City, MO: Missouri Department of Health and Senior Services, Office of Primary Care and Rural Health. 2 pp. <https://health.mo.gov/living/families/oralhealth/pdf/oralhealthbrochure.pdf>

KEEP YOUR BABY CAVITY FREE

This video provides information about what new mothers need to know about how to keep their infant's mouth healthy. The video discusses the importance of eating healthy foods and practicing good oral hygiene before and during pregnancy and the relationship between infant feeding practices and oral health and overall health. The video also explains why it is important to avoid putting an infant to bed with a bottle and why beverages with natural or added sugar should never be put in a bottle. The proper way to clean an infant's gums and teeth is demonstrated, and the importance of the age 1 dental visit is discussed. The video is available in English and Spanish. The video was produced by the University of North Carolina at Chapel Hill.

Vann W Jr. 2016. *Keep Your Baby Cavity Free*. Chapel Hill, NC: University of North Carolina School of Dentistry, Prenatal Oral Health Program. 1 video: (3.36 min.). <http://www.prenataloralhealth.org/index.php/about/page/32/Mothers+Videos>

KEEPING YOUR CHILD'S MOUTH HEALTHY

This brochure for parents provides information about how to keep infants' and young children's mouths and teeth healthy. Topics include why primary teeth are important and how to keep them healthy, how to keep an infant's mouth healthy before teeth start to come in, and how to care for infants' and children's teeth. Information about fluoride is also included. The brochure is available in Arabic, Burmese, Chinese, English, Nepali, Russian, Somali, Spanish, and Vietnamese. [Funded by the Maternal and Child Health Bureau]

Cavity Free at Three. 2016. *Keeping Your Child's Mouth Healthy*. Denver, CO: Cavity Free at Three. 4 pp. http://www.cavityfreeatthree.org/sites/cavityfree.com/files/flipped_cf3_child_pamphlet_final_for_print.pdf

KEEPING YOUR TEETH HEALTHY DURING PREGNANCY

This brochure for pregnant women provides information about how to keep their mouth and their infant's mouth and teeth healthy. Topics include the importance of good oral health during pregnancy and the safety of getting oral health care during pregnancy. The brochure is available in Arabic, Burmese, Chinese, English, Nepali, Russian, Somali, Spanish,

and Vietnamese. [Funded by the Maternal and Child Health Bureau]

Cavity Free at Three. 2016. *Keeping Your Teeth Healthy During Pregnancy*. Denver, CO: Cavity Free at Three. 4 pp. http://www.cavityfreeatthree.org/sites/cavityfree.com/files/flipped_cf3_prenatal_pamphlet_final_for_print_0.pdf

MOUTH GUARDS

This fact sheet provides information about the importance of wearing mouth guards during athletic activities. It explains what mouth guards are and who should wear them. It describes the characteristics that mouth guards should have and explains the differences among three types of mouth guards: stock mouth guards, boil and bite mouth guards, and custom-made mouth guards. The fact sheet also discusses how to care for mouth guards and provides statistical information about mouth guard use.

Massachusetts Department of Public Health, Office of Oral Health. 2016. *Mouth Guards*. Boston, MA: Massachusetts Department of Public Health, Office of Oral Health. 2 pp. <https://www.mass.gov/files/documents/2016/07/mp/mouth-guard-use.pdf>

ORAL HEALTH AND PREGNANCY

This fact sheet provides information about oral health during pregnancy. It discusses oral health issues that are common during pregnancy and the possible consequences of periodontal disease during pregnancy. It also provides tips for how women can keep their mouths healthy before and during pregnancy and on how parents can keep their infant's or toddler's teeth healthy. Information about relevant programs in Massachusetts is included.

Massachusetts Department of Public Health, Office of Oral Health. 2016. *Oral Health and Pregnancy*. Boston, MA: Massachusetts Department of Public Health, Office of Oral Health. 1 p. <https://www.mass.gov/files/documents/2016/07/se/oral-pregnancy-fact-sheet.pdf>

PREGNANCY AND DENTAL HEALTH: WHAT YOU NEED TO KNOW

This postcard provides information about what pregnant women need to know about oral health during pregnancy. Topics include cavities during pregnancy, morning sickness, changes in the mouth, and the importance of diet. The postcard is written in simple language. [Funded by the Maternal and Child Health Bureau]

MaineHealth. 2017. *Pregnancy and Dental Health: What You Need to Know*. Portland, ME: MaineHealth. 2 pp. <http://www.mchoralhealth.org/pdfs/38356.pdf>

PREGNANCY AND OPIOIDS: WHAT FAMILIES NEED TO KNOW ABOUT OPIOID MISUSE AND TREATMENT DURING PREGNANCY

This guide provides information for a pregnant woman's family about opioid misuse and treatment during pregnancy. The guide explains what an opioid use disorder is and discusses the importance of comprehensive prenatal care and treatment for pregnant women with the disorder, delivery, newborn health, breastfeeding, social supports, and what to expect in the weeks and months after delivery.

Partnership for Drug-Free Kids. N.d. *Pregnancy and Opioids: What Families Need to Know About Opioid Misuse and Treatment During Pregnancy*. New York, NY: Partnership for Drug-Free Kids. 20 pp. <https://drugfree.org/download/pregnancy-opioids>

QUESTIONS TO ASK WHEN LOOKING FOR A DENTAL OFFICE

This form for parents of young children provides questions that parents can ask when they are looking for a dental office for their child. Questions include whether someone in the office speaks the family's language or can translate, what types of insurance the office accepts, when is the next appointment for new patients, and whether the dentist and staff have experience treating young children. Other questions include whether the office is accessible by public transportation, when the office is open, what to do to prepare for an appointment, and what happens at the first appointment. The form is available in English and Spanish.

National Center on Early Childhood Health and Wellness. 2018. *Questions to Ask When Looking for a Dental Office*. Itasca, IL: National Center on Early Childhood Health and Wellness. 1 p. <https://www.mchoralhealth.org/PDFs/ncechw-questions-to-ask.pdf>

SEAL OUT DECAY

This fact sheet provides information about using dental sealants to prevent tooth decay. It offers information on what dental sealants are, who should receive them, and what their benefits are. It also discusses the safety and effectiveness of sealants, whether teeth still need to be brushed if they have sealants, and whether sealants replace fluoride.

Missouri Department of Health and Senior Services, Oral Health Program. 2014. *Seal Out Decay*. Jefferson City, MO: Missouri Department of Health and Senior Services, Oral Health Program. 1 p. <https://health.mo.gov/living/families/oralhealth/pdf/SealOutDecay.pdf>

SILVER DIAMINE FLUORIDE: A NEW TREATMENT FOR CAVITIES

This brochure provides information about silver diamine fluoride and how it is used to treat cavities in children and adults. The brochure explains what silver diamine fluoride is; provides detailed steps for applying it; and discusses indications for use, benefits, risks, drawbacks, and contraindications.

Community Health Center of Franklin County. N.d. *Silver Diamine Fluoride: A New Treatment for Cavities*. Turners Falls, MA: Community Health Center of Franklin County. 2 pp. http://www.chcfc.org/uploads/2/0/9/1/20916560/silver_diamine_fluoride_brochure.pdf

SMOKING AND PREGNANCY

This brochure provides information about the risks of smoking during pregnancy. It lists health problems for both pregnant women and their infants that smoking during pregnancy are linked to. The brochure also discusses the link between smoking and gum disease and provides information about the benefits of quitting smoking either before or during pregnancy. In addition, the brochure explains the importance of receiving regular oral health care and how to find a dental home. The brochure is written in

simple language, with English on one side and Spanish on the other.

Smiles for Children. 2017. *Smoking and Pregnancy*. Richmond, VA: Virginia Department of Health. 2 pp. http://www.vdh.virginia.gov/content/uploads/sites/30/2016/07/VA_SmilesforChildren_OHM_Smoking-and-Pregnancy_EN-SP-288.1729.pdf

TAKE CARE OF YOUR CHILD'S BABY TEETH

This video for parents explains why primary teeth are important for children. Tips for soothing infants who are teething, promoting healthy primary teeth, and taking infants and young children to the dentist are provided. The video demonstrates how to brush an infant's or child's teeth and the right amount of fluoride toothpaste. Also discussed are problems in the mouth that need immediate attention from a dentist. In addition, the video explains what kind of foods and drinks are best for infants' and children's oral health and overall health. The video is available in English and Spanish.

University of California, Los Angeles, Behavioral Economics for Oral Health Innovation Project. 2018. *Take Care of Your Child's Baby Teeth*. Los Angeles, CA: University of California, Los Angeles, Behavioral Economics for Oral Health Innovation Project. 1 video (3:36 min.). <https://youtu.be/qiabuZLkZ-A>

THANKS FOR PROTECTING US 2

This video discusses the importance of healthy primary teeth to children's overall health and how health professionals can play a role in preventing oral disease in infants and young children by administering fluoride varnish as soon as the first tooth emerges. The video also discusses other ways that health professionals can encourage good oral health at well-child visits, including providing information about toothbrushing, proper use of bottles, good nutrition, how to establish a dental home, and the importance of establishing a dental home.

Maine Health Educational Services. 2018. *Thanks for Protecting Us 2*. N.d.: Maine Health Educational Services. 1 video (3:24 min.). https://www.youtube.com/watch?v=NlbIy_2M3Dk&feature=youtu.be

TOOTHBRUSH ADAPTATIONS

This fact sheet provides information about how toothbrushes can be adapted to make brushing easier. It presents background information about why oral health is important and provides ideas for adapting toothbrushes for anyone who has difficulty brushing their teeth. Illustrations showing the adaptations are included.

Massachusetts Department of Public Health, Office of Oral Health. 2016. *Toothbrush Adaptations*. Boston, MA: Massachusetts Department of Public Health, Office of Oral Health. 1 p. <https://www.mass.gov/files/documents/2016/07/on/tooth-brush-adaptations.pdf>

WHAT IS TOOTH DECAY?

This fact sheet provides information on what tooth decay is and how to prevent it. It discusses the tooth decay process and what prevents tooth decay. It also explains the importance of toothbrushing and the proper technique for brushing children's teeth. Instructions for how much fluoride to use and how to choose a toothbrush are included. The document is available in English and Spanish.

Massachusetts Department of Public Health, Office of Oral Health. 2016. *What Is Tooth Decay?* Boston, MA: Massachusetts Department of Public Health, Office of Oral Health. 2 pp. <https://www.mass.gov/files/documents/2016/07/ns/preventing-tooth-decay.pdf>

WHAT NEW MOTHERS SHOULD KNOW

This video provides information about what pregnant women or women considering becoming pregnant need to know about oral health during pregnancy. The video explains the potential ramifications of oral infections and periodontal disease during pregnancy. It also discusses factors, such as oral hygiene and feeding practices, that can affect the bacteria in an infant's or child's mouth and thus the infant's or child's oral health. Also discussed are oral conditions that disproportionately affect pregnant women and the importance and safety of receiving oral health care during pregnancy. The video is available in English and Spanish.

Eidson S. 2016. *What New Mothers Should Know*. Chapel Hill, NC: University of North Carolina School of Dentistry, Prenatal Oral Health Program. 1 video: (3:20 min.). <http://www.prenataloralhealth.org/index.php/about/page/32/Mothers+Videos>

Systems Integration

NURSE PRACTITIONER & DENTIST MODEL FOR PRIMARY CARE: A GUIDE FOR IMPLEMENTING COLLABORATIVE CARE IN U.S. DENTAL SCHOOLS

This guide provides a framework for implementing the Nurse Practitioner & Dentist Model for Primary Care to integrate primary care services provided by a nurse practitioner into an academic dental practice environment. The guide discusses steps to take and elements to consider in the planning, implementation, and evaluation phases of initiating a collaborative-care program involving nurse practitioners and dentists. Topics include an overview of the model, getting started, program fundamentals, sustainability, and next steps.

Dolce MC, Parker JL, Da Silva JD. 2018. *Nurse Practitioner & Dentist Model for Primary Care: A Guide for Implementing Collaborative Care in U.S. Dental Schools*. Boston, MA: Harvard School of Dental Medicine and Northeastern University School of Nursing. 61 pp. https://hsdm.harvard.edu/files/dental/files/npd_model_implementation_guide3.pdf

SCHOOL ORAL HEALTH: AN ORGANIZATIONAL FRAMEWORK TO IMPROVE OUTCOMES FOR CHILDREN AND ADOLESCENTS

This paper presents a framework for how communities can achieve improved and more equitable oral health outcomes. The framework includes five components: oral health education, oral health screening, preventive oral health care, care coordination and linkage to community-based care, and preventive oral health care and oral health treatment in schools. Data collection and sustainability are discussed, and next steps are presented.

School-Based Health Alliance and Oral Health 2020 Network. 2018. *School Oral Health: An Organizational Framework to Improve Outcomes for Children and Adolescents*. Washington DC: School-Based Health Alliance and Oral Health 2020 Network. 9 pp. http://www.sbh4all.org/wp-content/uploads/2018/04/DQF_WP_SchoolOralHealth_F.pdf



National Maternal and Child Oral Health Resource Center